Salads

- **Full**: $5.50  
  - **Half**: $4.00  
  - **Salad pack** (lettuce, tomato, carrot, cucumber, mushroom, cheese, egg, celery, snow peas, sultanas)
- **Full**: $7.00  
  - **Half**: $4.00  
  - **Salad pack** with chicken
- **Full**: $7.00  
  - **Half**: $4.00  
  - **Salad pack** with ham
- **Full**: $7.00  
  - **Half**: $4.00  
  - **Salad pack** with veggie slice

Snacks

- **2 for 5c**: Mini Wheats
- **30c**: Plain small bag of popcorn
- **80c**: Organic popcorn
- **70c**: Boiled egg
- **$1.00**: Vege chips variety
- **$1.50**: Vanilla or chocolate custard 140g
- **80c**: Fruit straps
- **20c**: Rice cakes (assorted)
- **$1.20**: Mini muffin - chocolate or banana

Sandwiches & Rolls

- **Roll**: $3.00  
  - **Sand**: $2.50  
  - Chicken
- **Roll**: $3.00  
  - **Sand**: $2.00  
  - Ham
- **Roll**: $3.00  
  - **Sand**: $2.00  
  - Tuna
- **Roll**: $2.20  
  - **Sand**: $1.70  
  - Vegemite

Please select from the following

Please select extra fillings  
(add cost per filling to price above)

- 50c  
  - Low fat cheese
- 50c  
  - Lettuce
- 50c  
  - Tomato
- 50c  
  - Cucumber

Hot food

- **$3.00**: Toasted Cheese
- **$3.50**: Toasted ham & cheese sandwich
- **$3.50**: Hot ham & cheese roll
- **$3.80**: Toasted chicken & cheese sandwich
- **$3.80**: Hot chicken & cheese roll
- 70c  
  - Corn cobette

- **$4.50**: HOT SPUD with sour cream, cheese, bacon and coleslaw  
  pineapple is optional (please state)
- **$4.50**: CHICKEN BURGER:  
  burger, tomato, cheese, lettuce & mayo with chilli sauce optional (please state)
- **$4.00**: Chicken Burger with Chilli Sauce only
- **$4.20**: FRIED RICE: Rice, bacon, corn, peas capsicum & eggs
- **$4.20**: Spaghetti Bolognaise with/without cheese
- **$2.50**: Veggie Slice: egg, bacon, cheese, carrot & zucchini (contains gluten)

Frozen products

- **$1.00**: Frozen strawberry or mango yoghurt tub
- **$1.30**: Paddlepop - chocolate, rainbow, banana
- **$1.00**: Icy Twist Lemonade
- **$1.00**: Vanilla Icecream Tub  Fat Free
- **90c**: Streets Funny Finger
- **20c**: Frozen yoghurt cubes

Drinks

- **$2.00**: Bottled water 600ml
- **$2.00**: Oak chocolate, strawberry, banana  
  low-fat milk 200ml
- **$1.80**: Poly's apple or orange juice 200ml  
  Orange/Mango or Apple/Blackcurrant
- **$1.00**: Plain milk
- **$2.00**: Large Slushie (assorted flavours)
- **$1.00**: Small Slushie (assorted flavours)

Available Friday Only

Hot food

- **$3.50**: Large low fat pie
- **$2.50**: Small low fat pie
- **$3.50**: Large low fat pasty
- **$2.50**: Small low fat pasty
- **$3.50**: Wholemeal vegetarian pasty
- **$3.00**: Ham & pineapple low fat pizza
- **$3.00**: Cheese & bacon low fat pizza

Chicken is freshly steamed breast meat

Donations of any fruit greatly appreciated